

## Co-Facilitator of Strength of Self Program

Miles Nadal JCC

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Toronto, ON

\$40 an hour

Part-time, Contract

**Contract Position: October to June 2019**

Apply at: <https://www.indeed.ca/viewjob?jk=a16c3037ad7bef46&from=myjobs&tk=1cn50lh5j5gljcnc>

**Start date: October 15th - Reports to Facilitator**

### About the MNjcc:

The Miles Nadal Jewish Community Centre is a dynamic hub in downtown Toronto. It provides opportunities for people of all ages and backgrounds to be active, learn, connect and participate in a wide range of cultural experiences. Rooted in Jewish values, the MNjcc is open to all.

Founded on this site in 1953 the MNjcc is home to a 3800 member state of the art Fitness Centre, the AI Green Theatre, four schools, four choirs, a wide range of arts and cultural activities, Jewish Life programming, and a robust Active 55+ program. It is a founding member of the Bloor Street Cultural Corridor, and the lead organizer of the annual Annex Family Festival.

### Description of the Position:

Strength of Self is a free weekly program for women transitioning away from abusive relationships. The group combines self-esteem curriculum with self-care, anger management skills, meditation and support. Group discussion activities include reading, art expression, vision boards, writing exercises, role playing, storytelling, and using the body scan technique. Intake happens regularly. This position is a part time contract for 2-4 hours a week.

### Key Duties and Responsibilities:

- Leading group discussions
- Support and counselling
- Outreach and intake
- Risk assessment
- Participation in activities
- Provide information and referrals to community supports and services.

### Qualifications and Requirements:

- Minimum 3 years' experience counselling women in crisis in a group setting
- Degree or diploma in Social Work **or relevant field**
- Knowledge of various therapeutic approaches and intervention strategies and techniques
- Demonstrated problem solving skills both autonomously and in a team
- Demonstrated experience in crisis support and ability to mediate conflict
- Professional communication skills
- Ability to maintain confidentiality

- Strong intuitive

**Salary and Benefits:**

- \$60/hr for instruction during program
- \$40/hr for intake
- \$20/hr additional admin

**How to apply:**

- Email cover letter and resume to strengthofself (at) mnjcc.org
- Deadline for applications is Wednesday September 19th
- Please note, that only candidates moving to the next stage of the selection process will be contacted by us.

**Alternate Formats and Accommodation:**

The MNjcc is committed to providing an accessible employment environment. We are committed to the principles of the Accessibility for Ontarians with Disabilities Act (AODA) and aim to ensure that dignity, integration, and equality of opportunity are embedded in all aspects of JCC culture.

If you require accommodation during the hiring process, please inform us in advance so that we can arrange reasonable and appropriate accommodation. Please contact David Fielder at: (416) 924-6211 x404; davidf(at)mnjcc.org; or in person by appointment.

Job Types: Part-time, Contract

Experience:

- group counselling: 3 years (Preferred)