

ONTARIO ART THERAPY ASSOCIATION

2023



# Peer to Peer: The Nature of Well-Being

Join Us

at the Art Gallery of Burlington

**Registration is now open for OATA's Conference Retreat and AGM  
October 20-21, 2023**

The Ontario Art Therapy Association is excited about gathering in person, to honour its roots, as well as plant seeds of growth and change that advance our profession.

Our theme welcomes connections ***Peer to Peer: The Nature of Well-Being***

Oct 21st Keynote Presentation by Maria Riccardi  
***Embodying the Expressive Therapies Continuum:  
Living the Theory through Memories and Stories***

***Connecting to the Body and Regulation Strategies***

~ Presentation by Kimberley Bird

***Cultivating Psychological Well-Being through Arts-Based Interventions***

~ Presentation by Olena Darewych

Join us IN person!

Retreat and Conference SAT. Oct. 21st and Art Hive and Social FRI. Oct 20th.  
Early bird rates and student discounts for registration before September 20th

The Nature of Well-Being is held within one large collective space  
to increase connections, amplify inspirations, and  
to learn from one another, Peer to Peer.

**[OATA Registration Link](#)**